

# COMMUNICATION LOG



**TRACK HOW YOUR CHILD SHARES, RESPONDS, AND GROWS DAILY.**

TODAY IS : \_\_\_\_\_

## 1. CONTEXT / SITUATION:

(WHERE AND WHEN DID IT HAPPEN? E.G.,  
“BREAKFAST,” “PLAYTIME,” “CAR RIDE”)

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## 2. CHILD’S COMMUNICATION:

- ☐ WORD USED
- ☐ GESTURE/POINT
- ☐ EYE CONTACT
- ☐ SHORT PHRASE
- ☐ BEHAVIOR (CRY, PUSH, PULL, ETC.)

## GUIDING TIPS

KEEP IT SHORT: WRITE 1–  
2 LINES ONLY.

FOCUS ON PATTERNS,  
NOT PERFECTION.

CELEBRATE EVEN THE  
SMALLEST ATTEMPTS.

WRITE ONE LINE OF  
PROGRESS DAILY.

**SMALL ROUTINES LEAD TO BIG PROGRESS**

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## 3. WHAT YOU SAID OR DID:

(WRITE DOWN THE WORDS YOU USED OR THE ACTION YOU SHOWED TO YOUR CHILD.)

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## 4. CHILD'S RESPONSE:

- ☐ SMILED
- ☐ REPEATED WORD
- ☐ LOOKED AT ME
- ☐ TRIED AGAIN
- ☐ IGNORED
- ☐ WALKED AWAY

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5. NOTES & REFLECTIONS:  
(ONE LINE ABOUT PROGRESS,  
CHALLENGE, OR SURPRISE TODAY)

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